

RESEARCH WITH INSTRUMENTAL TRANSCOMMUNICATION AND THE DEVELOPMENT OF CLAIRAUDIENCE

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ABSTRACT: This article is the result of the experiences with Instrumental Transcommunication (ITC), conducted from 2013 to 2017, with approximately 500 audio recordings recordings that appear to be a useful input for the development of clairaudience within the context of parapsychic communication, leading the author to go through important intraconsciential recycling in 2016. The objective is not only to present the ITC technique as an effective parapsychic communication tool for multidimensional self-awareness, which might foster the development of clairaudience, but also, and more importantly, to pinpoint the benefits of the paraphenomenon clairaudience as an essential parapsychic ability in recycling intraconsciential contexts.

Keywords: Audio recording, Clairaudience, Instrumental Transcommunication, Intraconsciential Recycling, Parapsychic communication.

INTRODUCTION

ITC. Just over 900 researchers in Brazil and about 10,000 in the world are currently conducting research using the Instrumental Transcommunication (ITC) technique (Transcomunicação instrumental, 2005). ITC allows recording audios and capture of images from extraphysical dimensions, using devices such as recorders, radio, television, mobile phones. In addition, recording applications designated for this task, many of them already including white noise, unison sound, combine and oscillate different frequencies in order to reach the entire spectrum of sound, working as an optimizer of voice capture. Extraphysical images and sound captures are performed in the ITC only by means of devices, instruments of science, without the need for the mediumship of an intermediary.

Experiments. The recordings obtained in the author's experiments required specific sound editing programs, volume magnification and demanded a great deal of effort to exhaustively decipher many of the extraphysical messages captured in the audios, *a priori* inaudible. The research with ITC was carried out massively from 2013 to 2017, producing over 500 recordings filed and mapped out.

Clairaudience. At the end of the first three years, the author noticed that the clairaudient ability had been developed (as a hypothesis from his experiences) due to the daily and habitual attempts to relentlessly understand

and interpret subatomic sounds captured from the extraphysical environments. This most possibly caused by the *paraears* acquiring the condition of natural decoincidence, leading to the development and practice of the clairaudience, which is a natural parapsychic ability to be achieved by all consciousnesses.

Objectives. This article aims to present the development of the research with ITC, the results obtained in the period of the experiments, the techniques used to record and optimize the listening by enhancing the voice captures, commonly inaudible in the daily routine, and the importance of such research to trigger high-priority intraconsciential recycling processes, building up multidimensional awareness.

Structure. It has been structured in 7 sections: I. Instrumental Transcommunication (ITC); II. Experiments with ITC; III. Personal Observations; IV. Conscientiological Perspective; V. Intraconsciential Recycling; VI. Development of Clairaudience; and VII. Final Considerations.

I. INSTRUMENTAL TRANSCOMMUNICATION (ITC)

Definition. ITC studies the communication between intra- and extraphysical consciousnesses through an electronic equipment, such as recorder, radio, television, telephone, computer, and recent applications.

Term. The term Instrumental Transcommunication was first used in the 1980s in Germany by the physicist and scholar Ernst Senkowski¹ and became widely popular to define not only research with EVP devices², but also experiments with paranormal phenomena, including the capture of voices and extraphysical images on telephones and televisions, and even experiments that used computers in interdimensional communication (Webster, 1989). In the United States, the American Association of Electronic Voice Phenomenon (AA-EVP) was founded by Sarah Estep in 1972 (Encyclopedia.com, 2022).

Brazil. The Institute of Advanced Research in Instrumental Transcommunication was founded ten years ago by the writer and researcher Sonia Rinaldi in São Paulo (Hogan, n.d.). More than 70% of researchers, or communicant, named after those who are part of the institute, began to take an interest in the experiments in the hope of contacting deceased loved ones.

Thomas Alva Edson. The extraphysical voice captured by electronic means has been the subject of research by many paranormal researchers since the beginning of the last century. In October 1920, one of the editions of Scientific America magazine brought a wide-ranging report on the subject, with the testimony of the most acclaimed American inventor at the time, Thomas Alva Edson (Tablang, n.d.). The scientist then said: "if our personality survives, then it is strictly logical and scientific to assume that it retains memory, intellect and other faculties and knowledge acquired on this planet. So, if personality exists after what we call death, it is rational to conclude that those who leave this planet want to communicate with those they left here."

Popularization. The popularization of the experiment of capturing extraphysical voices would only occur years later, in 1959, through Friedrich Jurgenson, a Latvian artist and filmmaker, who captured the voice of his deceased mother four years earlier on the recorder he used in one of his documentaries.

Electronic Voice Phenomenon (EVP). In the early 1980s, EVPs devices began to intrigue people not only in Europe, but around the world. From the beginning to the mid-1970s, they had been the target of research in the electronics industry. The device has had countless updates over the years and is widely used today in paranormal investigations throughout the world. The

author tends to assume that the best evidence concerning the authenticity of the contents are particularly reserved to the experimenter's own experiences, observations and conclusions.

II. EXPERIMENTS WITH ITC

Interdimensional communication. Interdimensional communication occurs uninterruptedly, as an inherent part of consensual interrelations, promoted primarily by multidimensional interactions, regardless of the level of perception one has in the physical dimension.

Method. The method of interdimensional communication research with ITC aimed to expand the possibilities to connect with extraphysical dimensions in a practical way in order to make it accessible to other self-researchers.

Recordings. The experiments occurred from 2013 to 2017, gathering over 500 recordings with the most varied sounds and voices from other dimensions, registering communicants from different levels and languages.

Devices. Recording extraphysical voices and sounds can be performed with a cell phone recorder³ or usual portable recorders such as the IC Recorder ICD-PX470 by Sony. For a more accurate sound it is necessary to increase the volume of the recordings⁴, performing sound enhancing process in editing programs. The recording method is simple and practical. However, it requires some technical knowledge to operate sound editing programs⁵.

Purpose. The purpose of fostering an interdimensional communication channel with electronic devices initiated from the author's curiosity and interest of establishing contact both with the teams of helpers working in other dimensions, and the consciousnesses with whom he still maintain multiexistential groupkarmic connections, such as extraphysical creditors, amaurotic guides and assisted in general, to better understand his multidimensional reality and optimize interassistance.

III. PERSONAL OBSERVATIONS

Voices. *The first voices were captured in the recordings made with the mobile phone at the school I used to work in 2013. Apparently caught randomly, they*

¹ Ernst Senkowski (1922 – 2015) was a German professor, Doctor of Physics and Electrical Engineering, a researcher for Instrumental Transcommunication and author of the book *Instrumentelle Transkommunikation* (1995).

² Instrument used to capture extraphysical sounds known as EVPs (Electronic Voice Phenomena).

³ A Samsung GT-S6102B was used.

⁴ The program Sound Amplifier was used.

⁵ The program Sony Vegas was used.

did not address me in any particular context. The messages were quite audible and easily understood. Utterly surprised with the hearing of those voices, the recordings continued to be made on a daily basis and began to be collected and organized in files in the computer as the practice of the ITC research kept on unveiling the multiple characteristics of sounds and voices coming from extraphysical environments: loose words, short sentences, door slams, complaints, requests, raps, claims, shouts, and other sort of sound and voiced messages used to be captured ordinarily. Soon I would be able to distinguish the communicants – amaurotic guides, intruders, parapsychotic post-mortem and the assisted audience in general – considering the quality of messages and the ability to utter the human tone of voice audibly.

Mishaps. The rudimentary recording resources found the first mishaps: the most diverse noises, coming from intraphysical environment, so that some measures were adopted in the sound editing in order to clean the dirt off the voices captured. After recording, the files were transferred to the computer, converted, and the original volume enlarged 700-800 times. On many occasions, depending on the nature of the extraphysical sound and the voice ability of the communicant the volume had to be once again enlarged in the image editor, with the duplicity of the sound band.

Features of voices. The voices captured presented a series of particularities not found in the human voice, such as unmodulated tonality, variant timbre, flat intonation, imbalanced sound, abrupt changes of bass and treble, being characterized, in many experiments, as electronic sounds. There were also simultaneous captures of a great deal of non-human extraphysical sounds, such as metal blows, stamps, clicks, crackles, bangs, vibrations, echoes, stanchions, hums and wheezing similar to those of sound frequencies produced by short waves or intracranial sounds.

Speaking ability. As the best quality recordings were obtained by registering the first voices, I perceived a likelihood that consciousnesses with a higher incidence of energosoma ballast, the most animic energetic body⁶, tended to better dominate the process of the human voice, while those with more subtle energetic patterns, such as helpers, did not make equal use of intraphysical energy to speak, and so were rarely captured. This personal observation is, however, based on general results and the most common aspects of voice sound captured. An exception should be mentioned as seen in some captures from helpers, or even more subtle extraphysical

consciousnesses, during assistential contexts, whose the mastery of energies allowed them to communicate with a clear human tone of voice.

Research scenario. The deepening of knowledge of the nature of extraphysical communication, achieved with the practice of hearing subatomic sounds for over 5 years, enabled me to obtain greater efficiency in understanding such messages, as well as to have a greater acuity to distinguish an authentic extraphysical audio from possible contamination of intraphysical sounds, which may occur, coming from the neighbourhood and the external environment, such as voices from the street or other apartments, animal sounds, cars, machinery, household appliances working etc. Notwithstanding, it is important to highlight that my interpretation and understanding of such sounds and voices are entirely subjective and particular to my own perspective and multidimensional reality.

IV. CONSCIENTIOLOGICAL PERSPECTIVE

Bioenergetic interactions. Bioenergies, also called vital fluid, chi, prana, mesmeric energy, among other names, permeate interactions with our intraphysical and extraphysical realities, even though the perception of the energetic world is, for the vast majority of people, still indirect, intuitive and without further understanding of the nature of their processes. We interact energetically with people and places all the time. Bioenergetic interactions, connections and fusions occur continuously beyond time, distances, and dimensions in which we manifest ourselves, whether we are lucid for this reality or not.

BME. For this author, the daily work with through the Basic Mobilization of Energies (BME), with the triggering of the Vibrational State (VS), proved to be very effective to set the appropriate energetic field for relaxation and the detachment of the bioenergetic vehicles as a lead-in for the listening to the audios recorded. In addition, it was also effective to achieve an adequate transition status from a sympathetic assimilation (symas), when connecting with the audios content, to a symdeas (sympathetic deassimilation), wrapping up the experiment, as it usually tended to yield extraphysical pressure at some degree.

Ectoplasm. The author noted that the process of ectoplasmy significantly favoured the captures of extraphysical audios – assumption also based on the fact that the use of holochakra energies materialize the human

⁶ In intruders, amaurotic guides, extraphysical parapsychotic and assisted in general still active prior to the second desoma.

voice more naturally and facilitate the use of the laryngochakra by extraphysical consciousnesses. It is observed that intense exteriorization of ectoplasmic energies not only enables better, clearer and cleaner voice communication for the consciex, but also interferes directly with the electronic devices used, such as recorders, television, speakers, and computers. Repeated experiments with non-ectoplast collaborators recording EVPs on their own did not capture voices. These findings suggest an important role of ectoplasm within interdimensional communication.

Holosoma. In addition to the physical body, the soma, consciousnesses manifest themselves through three other bodies: the energosoma, the psychosoma and the mentalsomas; this set of vehicles is called a holosoma. This makes sense if one considers our manifestation in other extraphysical, energetic dimensions. Whilst the energosoma is the body of the animic energies generated by the chakras (energetic centres) the psychosoma is the vehicle of emotions, also known as *astral body*, *spiritual body* and *perispirit*, which we have out-of-body experiences. The psychosoma is a bioenergetic replica of the physical body, carrying *paraarms*, *paraeyes*, *paralegs* and so on. In clairaudience, we make use of the *paraears*. The mentalsoma is the most subtle body, known as the body of ideas, logic and discernment, closely linked to thought patterns and mental dimensions (Vieira, 2002). The attributes of the mentalsoma are essential for parapsychic cognition, that is, the knowledge we obtain, with the use of parapsychism, in the experience of multidimensional reality.

Acuity. Listening to the extraphysical content from audios requires patience, determination, persistence, and painstaking approach from the experimenter. The experiments conducted after BME, especially when triggering the VS, caused the energetic bodies to be detached furthering the use of *paraears*, having the partial or complete detachment of the *parahead*.

V. INTRACONSCIENTIAL RECYCLING

Brain Renewal. Intraphysical, existential, intraconsciential recycling refers to "brain renewal of a conscin, through the creation of new synapses or interneuronal connections capable of enabling the adjustment of the proaxis, the execution of the reaxis, invaxis, the acquisition of new ideas, neothosenes, hyperthosenes, and the other neophilic achievements of self-motivated human consciousnesses." (Vieira, 1994).

Recycling. The experiments carried out using ITC led this author to a profound intraconsciential recycling set off in September 2016, which involved diagnosis, self-

confrontation and the overcoming of several weaktraits at the same time, including smoking addiction.

Volition. Listening to a great deal of pathological extraphysical consciousnesses on the recordings, some of them dependent on the same addictions, promoted to this author unsurmountable motivational drive, with unbreakable volition, and sufficient determination to recycle all those anachronic traits perceived and showed off in the recordings.

Striking recycling. The voices popping up in the audios left no doubts about what had to be done. That was the right moment for that striking recycling as the extraphysical pressure raised higher and higher at each experiment and the assistential work urged to be qualified. From the moment the author faced voices complaining about his smoking, he felt engulfed by an extraordinary evolutionary volition, as strong as the reason and motivation to make that change to begin practicing penta (*Personal Energetic Task*).

Multidimensional awareness. Through the gain of multidimensional awareness, the urgency of personal recycling was definite, involving the immediate abandonment of self-destructive habits all at once at that time. After quitting smoking, this author went through six months of preparation for penta, which was started in May 2017.

VI. DEVELOPMENT OF CLAIRAUDIENCE

Definition. Clairaudience is the ability to hear sounds coming from the extraphysical dimensions, that is, sounds not produced by matter in intraphysical reality. The prefix *clari* comes from the Latin language, *clarus*, which means "illustrious, manifest, patent, of course." The term *audient* also comes from the Latin language, *audiens*, present participle of *audire*, which means "hear, listen." The term appeared in the 19th century (Zolet, 2018). Like any other parapsychic ability, clairaudience can be developed by any person, from persistence and dedication.

Ability. The first signs of clairaudience began by noticing the ability to hear what the consciexes said while recording, which was confirmed subsequently when listening to the recordings in the editing programme. The routine of hearing voices from the extraphysical environments, especially during hypnagogic and hypnopompic states, became an ordinary ability having considerable progressive development to date.

Cognition. Interdimensional communication through clairaudience allowed the author to acquire essential parapsychic cognitive gain regarding intraconsciential recycling periods and significant openness to multi-

dimensional self-awareness, with indications of extraphysical target groups with priority assistance, including creditors from the past and assisted consciousnesses in the practice of penta and BME.

Benefits. This multidimensional universe reveals something about one's extraphysical origin, identity and *para*identity, providing rich information and yields assistential empathy for intruders, assisted in general, and helpers, optimizing both intraconsciential recycling and interassistential work. Amongst the benefits out of the phenomenon of clairaudience, 12 can be highlighted as follows:

01. Listening. Learning to hear sounds that we do not normally hear in the everyday life sharpen our attention and exercise our *para*ears. Apart from that, there is a gain of information about the reality around and better understand of other people's reality when we really stop to listen to them.

02. Retrocognition. Experiencing communication with extraphysical consciousnesses from *retro*lives reveals the importance of self-lucidity regarding the pathological experiences that still maintain groupkarmic interprisons, which need to be resolved through reconciliations and/or recompositions.

03. Interassistence. Knowing our target audience optimizes interassistential work and yields multidimensional self-awareness about related consciousnesses to be assisted, including ourselves.

04. Paraerudition. The careful hearing promotes the learning of extraphysical reality, allowing the gain of parapsychic erudition on *para*facts, *para*phenomena and techniques performed in other dimensions, notably during the practice of penta.

05. Dedramatization. The clairaudient experience in the communication with extraphysical consciousnesses (or projected intraphysical consciousnesses) can minimize the dramatic, emotional content, given the need for lucid positioning in the reception of messages and a more balanced manifestation to conduct with discernment the interassistential work.

06. Cosmoethics. The cosmovision of facts and *para*facts in multidimensional contexts demands cosmoethical positions on the part of the clairaudient acting as a lucid assistant, acting as a minipiece of the interassistential maximechanism.

07. Desomatology. The direct and habitual interaction with extraphysical consciousnesses, especially with the loved ones already desomated, broadens our view about the continuity of the process of our multiexistential cycle, allaying and understanding the inevitable condition of

desoma – the loss of the physical body and the re-entry into an extraphysical period.

08. Multidimensional self-awareness. The knowledge acquired lucidly through the experience of clairaudience, about the integral nature of consciousness, keeps the *para*perceptions expanded regarding the multidimensional reality in which we are inserted.

09. Empathy. By knowing the reality of extraphysical consciousnesses still complaining and under intrusive and harassed conditions from unresolved issues in previous lives, one can develop assistential empathy, in the comprehension of the acceptability of such charges.

10. Recycling. Within the extraphysical movement of *recins*, promoting the coexistence with supporters and intruders, clairaudience allows a better perspective not only of the issue to be recycled, but above all of the experiences generated from personal renewal.

11. Helpers. The audible communication with the team of extraphysical helpers, notably during the hypnagogic and hypnopompic states, in the process of de coincidence of the psychosoma, enlightening and guiding for evolutionary processes is a privileged differential for optimization of interassistential work.

12. Fear of consciexes. The daily experience of the clairaudience eliminates the fear of hearing consciexes by experiencing the phenomenon as a natural part of a multidimensional reality, with a preponderance of the *mentalsoma* over emotional immaturities.

VII. FINAL CONSIDERATIONS

ITC. Such type of investigation with ITC permit researchers to enrich their knowledge about multidimensional realities, representing a valuable tool for self-research, especially for those still not properly skilled to communicate parapsychically. The presented experimental findings can be used as a guideline to those willing to give it a try.

Approach. Under a conscientiological perspective, it is important to highlight the contexts of bioenergetic practices, the balanced use of the *holosoma*, the triggering of the VS, the expected process of intraconsciential recycling and the development of parapsychism, specifically of clairaudience.

Recycling. Amongst the several intraconsciential recycling processes carried out by the author in 2016, the start of penta can be seen as a very positive example of an evolutionary consequence from the development of clairaudience, with expansion of multidimensional awareness.

Parapsychism. The experience of researching extraphysical scenarios proved to be an important means for qualifying parapsychic experiences and development of parapsychic phenomena, namely clairaudience, putting researchers before their multidimensional realities, fostering greater understanding of extraphysical consciousnesses demeanours and setting up lucid connections with extraphysical helpers.

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